

SUPPLEMENTARY FILE 1

Fig A. Forest plot displaying the effect sizes (and 95% confidence intervals) for positive affect.

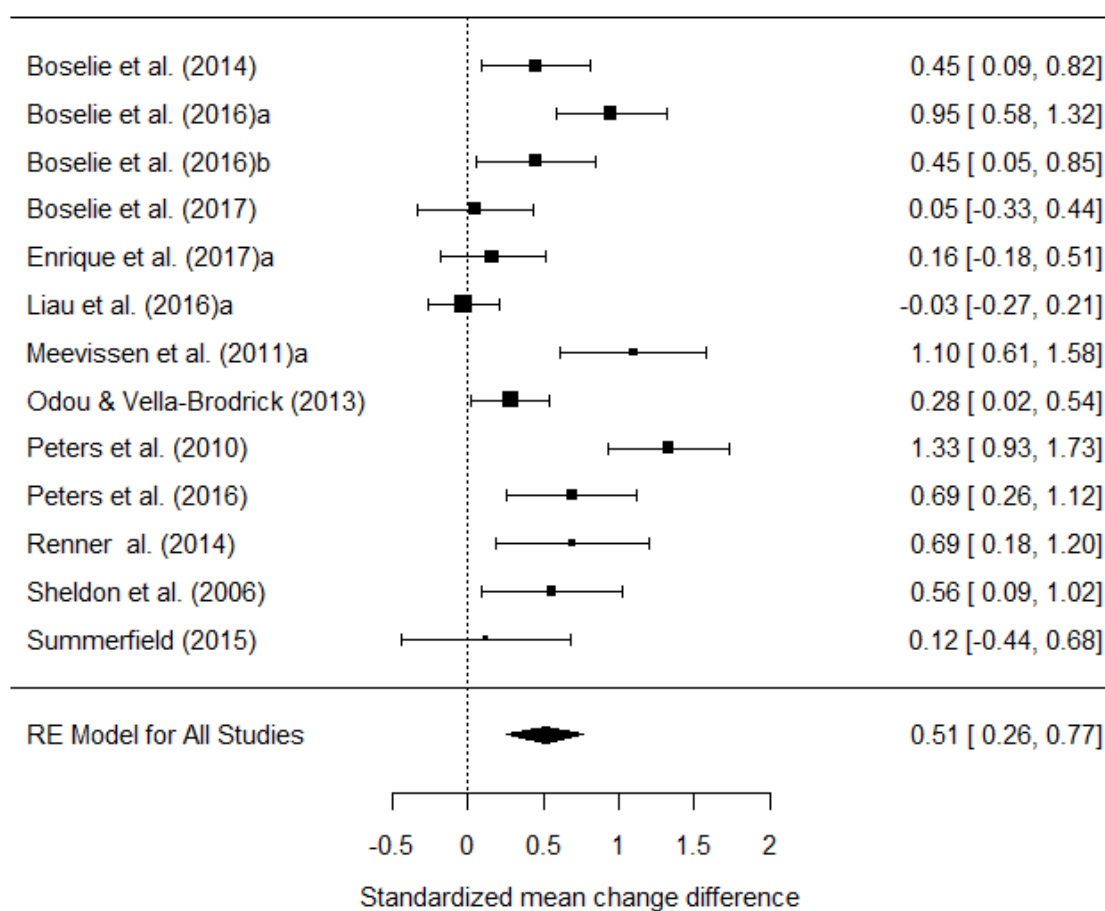


Fig B. Forest plot displaying the effect sizes (and 95% confidence intervals) for negative affect.

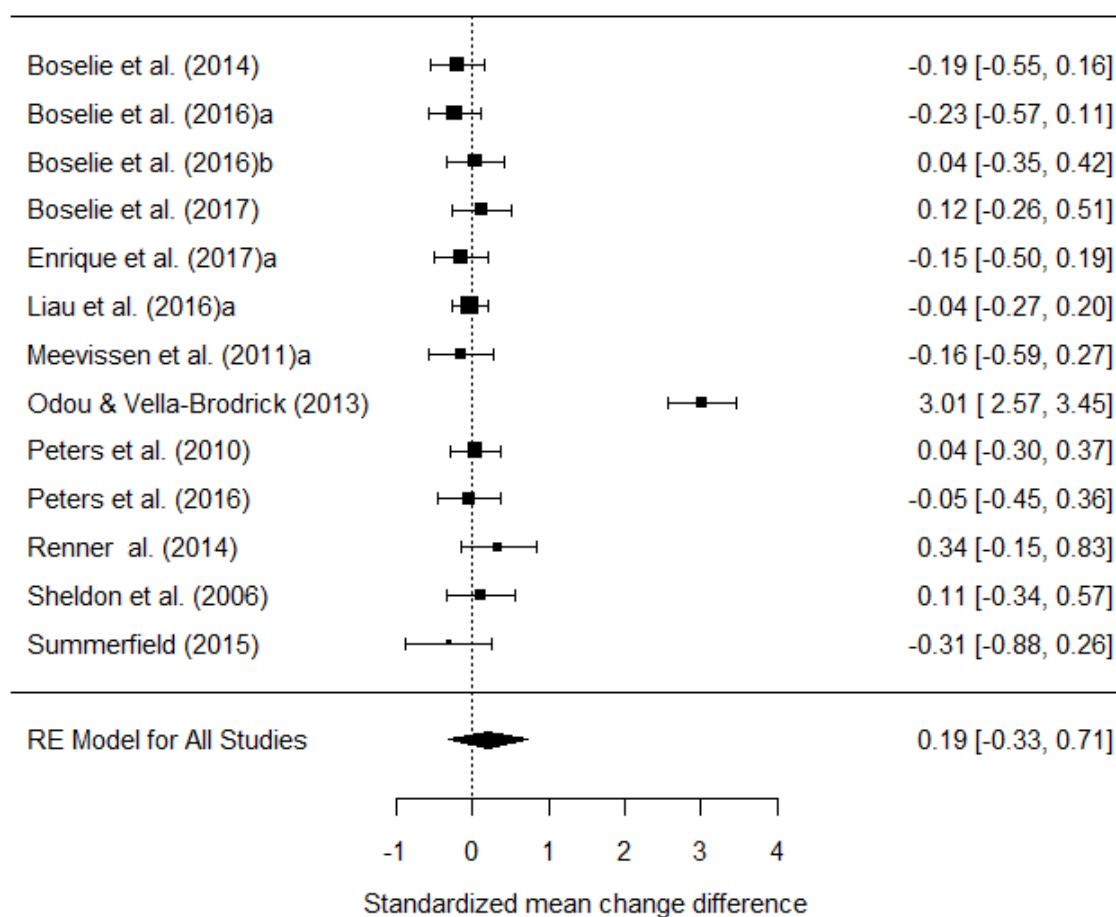


Fig C. Forest plot displaying the effect sizes (and 95% confidence intervals) for optimism.

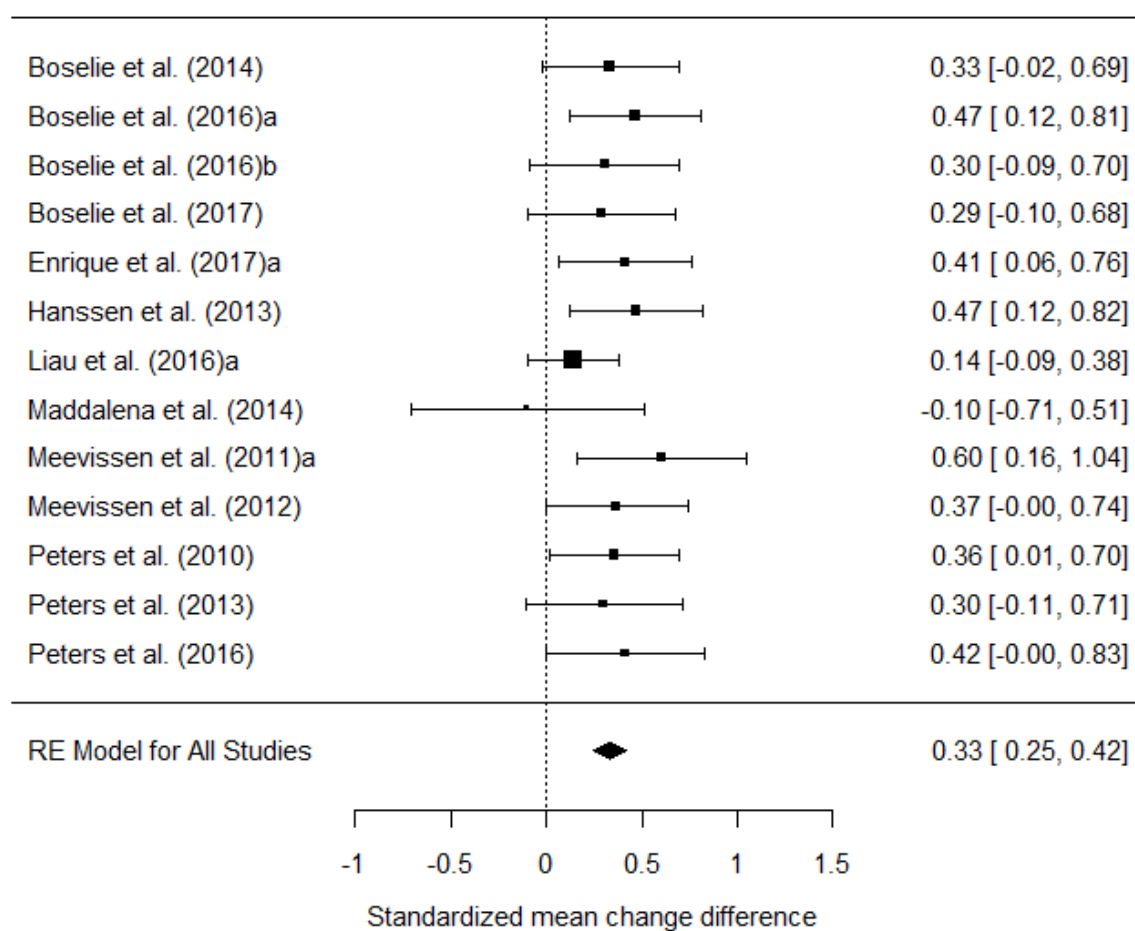


Fig D. Funnel plot of the 13 standardized mean change difference indices for positive affect.

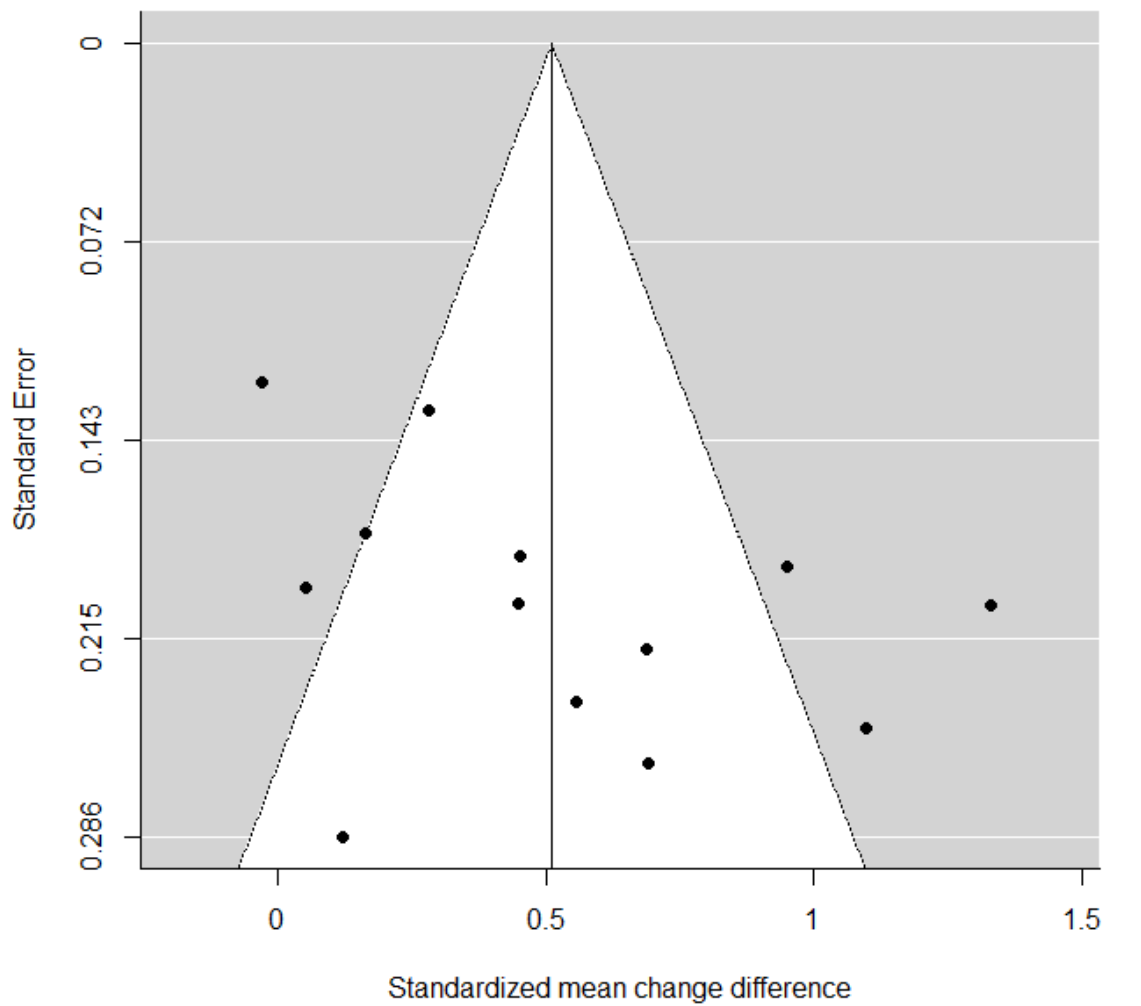


Fig E. Funnel plot of the 13 standardized mean change difference indices for negative affect.

